



## CHRISTMAS 2022 NEWSLETTER

We are almost at the end of another busy term and as ever, we are not sure where the time has gone! Christmas festivities are in full swing and the children in school enjoyed Party Day and a visit from Santa. We welcomed parents, friends, and governors to our Advent Service where all of the classes were able to share their poems and prayers. Since September, classes have enjoyed being able to get out and about in Stroud and further afield, a small sample of the trips out are shared in our newsletter.

And then the snow came.... very unexpectedly!

Thankfully Poppy's family were able to help clear the snow from the paths and car park using one of the Smith's JCB's. Our heartfelt thanks to them for their continuing support. Looking to the new year we are excited to start work on the new sensory garden, and we anticipate work will begin in the spring using the funds raised at the Smith's 40<sup>th</sup> Anniversary Ball.

We were delighted to receive our Mental Health Champions Award this term and special thanks go to Louise Harper who worked hard to ensure that we met the required standard.

This term we say goodbye to Liz and Carol who both work in St Martin's. Together they have notched up almost eighty years between them! We thank them for all that they have contributed to St Rose's during this time and wish them well for the future.

As ever, I would like to thank our students, staff, governors, trustees, and friends for all their hard work and support that goes into making St Rose's such a special place to learn and work.



Wishing you all a very Happy Christmas and peaceful New Year.

Sheila Talwar, Principal



Accredited  
2021

St Rose's School, St Martin's Post 19  
& St Rose's Nursery

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Charity No. 271922



After a long break, some of our students have had the opportunity to start equine therapy once again.

In school, Lyra, Lucas, Charlie and Wilfrid have had a weekly 30 minute session with Patchwork riding—the RDA centre at Barton End stables.

After some initial hesitation, all students have got on the horses and blown us away with their determination, independence and strength.

Every week we're seeing improvements in balance and coordination and the weekly trek is proving very popular.

There are some incredible volunteers and staff at Patchwork riding who encourage all the students to have a go and give it their best.

Just look at those faces...

Karen Childs



# MEET OUR STAFF



I'm Dulcie Lilly, newly qualified Occupational Therapist at St Rose's, and St Martin's. Some of you will remember me from my 3 years as a Teaching Assistant. During my degree I had placements in Acute Stroke, Reablement, Inpatient and Community Mental Health and led a Quality Improvement Project. I wrote my dissertation on the value of spirituality to wellbeing. I'm proud to have achieved a 1<sup>st</sup> class degree and 3 Awards for Clinical Excellence from the University of Worcester. I'm even more proud to call myself a member of the Therapy Team here at St Rose's.

Since September I have had the honour of supporting 5 classes: running Sensory Circuits each morning, Fine Motor skills group sessions, teaching Wheelchair Driving Skills and learning more about Environmental Controls. I've worked closely with the IT department to give students the opportunity to use a Virtual Reality Headset and some amazing experiences in the Immersive Room. I've also enjoyed supporting some of our students' families to make applications for charity funding for specialist equipment. I'm excited to develop my skills while working with the children and young people here and look forward to meeting you all soon.



My name is Mandy and I have been working at St Rose's as a carer for nearly 2 years. During this time, it has been great to get to know the students by assisting them through their day to day routines, and watching them grow in confidence and independence

Every day is different, and the students ensure that my working day involves a mixture of care, compassion and fun! I really enjoy assisting them to reach their full potential, through independent choice making and different ways of communication.

The people that I work with are amazing, we all work well as a team, listen to each other and support each other which in turn has a positive effect on both the students and my colleagues.

I am very glad that my career path has led me to my position of carer at St Rose's.



# MEET OUR STAFF



Hi, my name is Angela. I have worked at St Rose's for 8 years but I wish I had come a lot earlier because I love it here. I find the staff are friendly, helpful and professional. I have always been supported in everything I do here which has enabled me to progress in my career. I have recently been promoted to a Senior Care Assistant.

Whilst working at St Rose's I have completed courses in lifeguard training, rebound therapy and first aid, as well as lots of on-site training, as we have therapists and nurses on site who can train us to ensure we deliver excellent care and support for our students.



Hi, I'm Mike, the new Registered Manager/Head of Care at St Rose's.

I think that this write up is where I take the time to write about me, but when you work in place like St Rose's I find this difficult, because as you all know, St Rose's is just a fantastic place and every single person here needs to be shouted and celebrated about.

I have been a part of St Rose's for just over a year and have found it to be not only an amazing place to work, with a fantastic and knowledgeable team, but a truly caring community also.

I have worked in the care sector for over 13 years and have achieved many things, but I have never worked in an environment quite as special as St Rose's.

I look forward to adding to my current years' service here as I have a lot of catching up to do with the current staff team, nobody wants to leave here when they start, doesn't that just say it all!!

Merry Christmas everyone, and a happy new year!!

## Liturgical Events:

There will have been three lovely Liturgical events celebrated by the end of this term.

**MASS:** Father Gary came on September 17<sup>th</sup> to Celebrate Mass to start the year. The whole school community were able to come together and reflect on the importance of gathering as a community and supporting each other.



**HARVEST FESTIVAL:** Rachel Moody led the Harvest Celebration at the end of October. All the classes in school performed a piece of work they had been working on as part of the RE learning about the Catholic Social Teaching principle – Stewardship or work on Creation. There were songs, vegetables and as always a beautifully Harvest Loaf made by Carol Goverd who is in charge of the domestic duties at St Rose's. Food donations were taken to Stroud food bank by SR6 and money was raised for both the Emmaus Project and CAFOD. A huge thank you to all that were involved and for donations and monies raised.



**ST ROSE'S ADVENT SERVICE:** The St Rose's Advent Service on December 13<sup>th</sup> is guaranteed to be a joyful celebration of the Birthday of Jesus. We are looking forward to exploring a collection of Christmas poems, prayers, reflections, and some beautiful carols. St Martin's are also having a Christmas Carol Concert on December 15<sup>th</sup> and there are a collection of other events taking place that will ensure all get to enjoy the message and meaning as we prepare for the wonderful Christmas Season.

Wishing you a break full of joy and peace, Cheri

## A Star in the sky

The star in the sky is shining so bright,  
It lights up the ground for the Wisemen at night,  
As the star moves towards the Holy Land,  
The Wisemen travel across mounds of sand,  
How holy, how special, how wonderful, how far,  
It is to follow this magical star,  
As the Wisemen get nearer, so does the feeling,  
Of overwhelming love and religious believing,  
A special baby boy, born of the Virgin Mary,  
She was prepared, but still, it was a little bit scary,  
To raise the son of God, a lifelong task is set,  
But for now, here he lays, waiting to be met,  
The Wisemen are here, bringing gifts from a far,  
Simply led through the night, by the bright shining  
star

Written by A Strett and SR5





## SR2's Stroud Trips



SR2 have been on many trips into Stroud this term. Some trips have been to look at seasonal vegetables in Tesco but buying a pomegranate instead! Some trips have been into Stratford Park to tackle the maze and feed the ducks.

In our topic work, we looked at Maps and created our own maps. We also went into Stroud to look at the High Street to create a photographic map.

**Katie Sweed**

### A trip to watch Lightyear!

As part of the Into Film festival, we watched Lightyear. This linked to our Topic work of Toys as it helped us think about how films can lead to Toys being made.

### Horse Riders

This term, Lucas and Lyra have been having equine therapy. They rose to the challenge and are challenging themselves further each week!

**Katie Sweed**



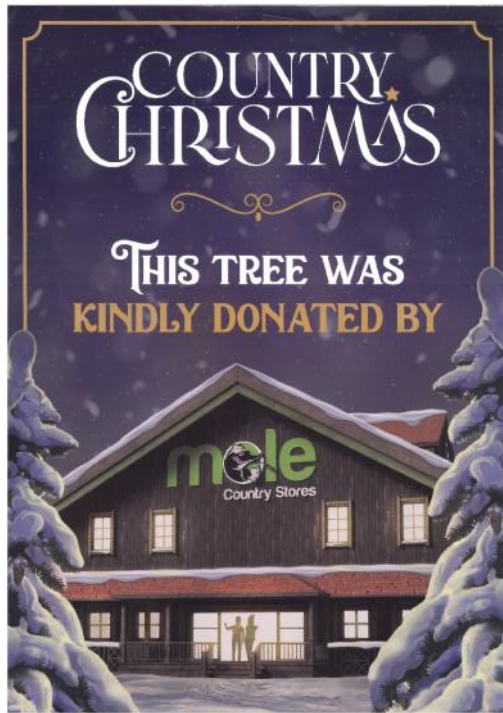
## SR3 TAKE A TRIP TO THE CINEMA!

As part of the 'Into The Film Festival 2022' all local schools were offered free cinema tickets. SR3 decided they'd like to see Lyle Lyle Crocodile which is a film all about a very friendly but very shy crocodile who just wants to be liked. We all came away thinking that a school crocodile would be wonderful...not sure if Sheila would agree?! We had a wonderful time together with front row seats and we couldn't have been more comfortable. We're so lucky to have a fabulous cinema on our doorstep.

Karen Childs







Thank you  
To Mole  
Country  
Store,  
Berkeley  
for our  
Christmas  
Tree



## PAST STUDENT VISIT —KAREN ROTHWELL NEE LUCAS



On Friday 21 October 2022 I had the pleasure of accompanying Karen Rothwell (nee Lucas) and her daughter Sonia Rothwell on a tour of the school and residential areas. Karen had been a student at St Rose's some time ago, in fact she left St Rose's 63 years ago!! As we walked round the building

Karen remembered many different rooms and areas. When we went upstairs to what we now call Quentin House (Old Build) Karen was delighted to recognise her bedroom—Blessed Margaret, which she shared at the time with 3 other girls. Karen attended Stroud Grammar School with two of her room mates. The joy on Karen's face as I showed her and her daughter around was very evident, and she told me that her time here at St Rose's had been a very happy one. Sonia sent through the picture above which was taken whilst we looked around Karen's old bedroom. Since the visit Karen has also made a donation to our fundraising appeal towards refurbishing Quentin House (Old Build) to bring it up to the standard of Quentin House (New Build).

Helen Hunt—Business Manager

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*Past student Karen Lucas revisits her 1960's bedroom at St Rose's School*

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**JUSTHELPING**  
Registered charity number 1133354

# Recycle your Tree!

In Aid Of

**LONGFIELD Community Hospice**  
Registered Charity No. 298627

Register here before Tuesday 3rd January 2023 @ 10am



[www.just-helping.org.uk/register-tree](http://www.just-helping.org.uk/register-tree)

Longfield Community Hospice will receive 90% of the net monies raised. JustHelping will distribute the remaining 10% to other local charities.

We will be collecting in the following postcodes on 8th, 9th and 10th January 2023  
GL2 (2,3,4,7), GL3 (4,9), GL4 (0,3,4,5,8), GL5, GL6, GL7 (1,2), GL8 (8), GL10, GL11, GL12, GL13



giftaid it

Registered with FUNDRAISING REGULATOR



## LONGFIELD Community Hospice

Registered Charity No. 298627

### About our hospice

Longfield Community Hospice is a charity for adults in Gloucestershire with a life-limiting illness. We care for family and friends too, ensuring loved ones feel supported as they cope with the illness and death of someone special.

We believe everyone should have the best care at the end of life – enabling people to live well and die comfortably. Our Wellbeing Centre offers a range of therapeutic activities for patients and loved ones, including counselling, art therapy and guided relaxation.

During the precious last days, weeks and months of someone's life, our skilled team offers specialist care in the home, helping families make the most of their time together.



JustHelping supports volunteers, businesses and charities to contribute to their community and the environment. Our national Christmas tree collection raises essential funds for hospices and communities. Last year we operated across 28 counties, raising over £1,000,000 for 108 local hospices & charities.

St Rose's,  
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**St. Rose's**  
Inspiring Education, Therapy & Care

### **STUDENT ABSENCE:**

Please advise school/college **by 9am, on the day of an unplanned absence**, if your son/daughter is unable to attend.

Please telephone each subsequent day of absence and advise when they are expected to return.

This information helps enormously when planning staff around our children/young people and their specific needs. Thank you.





Oxstalls Sports Park  
Plock Court  
Off Tewkesbury Road,  
Longlevens, Gloucester  
GL2 9DW

**Friday 16th June**



This event is for  
people with  
disabilities, autism or  
anyone with mental  
health support needs

We will have NHS  
Teams and Community  
Groups promoting  
accessible services

We will have  
stalls about health  
and wellbeing



We will have lots of  
fun and inclusive  
activities



Bring a packed lunch or food  
can be purchased.



Bus 97 from Cheltenham and  
Gloucester. Bus 71 from Tewkesbury.



 [BigHealth2023@ghc.nhs.uk](mailto:BigHealth2023@ghc.nhs.uk)



The Big Health Day is organised by Gloucestershire Health & Care NHS Foundation Trust  
Contact: Simon or Karin on Freephone 0800 019 3346

# HOLLYFEST 2023

## THE BLOW MONKEYS





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**SAT FEB 25TH | 7-12.30**

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**THE FROG AND FIDDLE CHELTENHAM**

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**TICKETS**  
**£25**



AVAILABLE FROM: **See** TICKETS & **BADLANDS**

ALL PROCEEDS TO:  **St. Rose's** & **Friends of Holly**

There are tickets that we can put back for anyone at school that may want to go. On the Sunday there is a free acoustic session at the Brewhouse and Kitchen in the Brewery Quarter in Cheltenham, it is more family friendly and we will have activity tables and a face painter. In Jan we will start promoting the raffle.

**Emma and Adrian Boyes**





SEPTEMBER 2022							OCTOBER 2022							NOVEMBER 2022						
Mon			5	12	19	26	Mon		3	10	17	24	31	Mon		7	14	21	28	
Tue			6	13	20	27	Tue		4	11	18	25		Tue	1	8	15	22	29	
Wed			7	14	21	28	Wed		5	12	19	26		Wed	2	9	16	23	30	
Thu		1	8	15	22	29	Thu		6	13	20	27		Thu	3	10	17	24		
Fri		2	9	16	23	30	Fri		7	14	21	28		Fri	4	11	18	25		
Sat		3	10	17	24		Sat	1	8	15	22	29		Sat	5	12	19	26		
Sun		4	11	18	25		Sun	2	9	16	23	30		Sun	6	13	20	27		
DECEMBER 2022							JANUARY 2023							FEBRUARY 2023						
Mon			5	12	19	26	Mon		2	9	16	23	30	Mon		6	13	20	27	
Tues			6	13	20	27	Tues		3	10	17	24	31	Tues		7	14	21	28	
Wed			7	14	21	28	Wed		4	11	18	25		Wed		1	8	15	22	
Thur		1	8	15	22	29	Thur		5	12	19	26		Thur		2	9	16	23	
Fri		2	9	16	23	30	Fri		6	13	20	27		Fri		3	10	17	24	
Sat		3	10	17	24	31	Sat		7	14	21	28		Sat		4	11	18	25	
Sun		4	11	18	25		Sun	1	8	15	22	29		Sun		5	12	19	26	
MARCH 2023							APRIL 2023							MAY 2023						
Mon			6	13	20	27	Mon		3	10	17	24		Mon		1	8	15	22	29
Tues			7	14	21	28	Tues		4	11	18	25		Tues		2	9	16	23	30
Wed		1	8	15	22	29	Wed		5	12	19	26		Wed		3	10	17	24	31
Thur		2	9	16	23	30	Thur		6	13	20	27		Thur		4	11	18	25	
Fri		3	10	17	24	31	Fri		7	14	21	28		Fri		5	12	19	26	
Sat		4	11	18	25		Sat	1	8	15	22	29		Sat		6	13	20	27	
Sun		5	12	19	26		Sun	2	9	16	23	30		Sun		7	14	21	28	
JUNE 2023							JULY 2023							AUGUST 2023						
Mon			5	12	19	26	Mon		3	10	17	24	31	Mon		7	14	21	28	4
Tues			6	13	20	27	Tues		4	11	18	25		Tues		1	8	15	22	5
Wed			7	14	21	28	Wed		5	12	19	26		Wed		2	9	16	23	30
Thur		1	8	15	22	29	Thur		6	13	20	27		Thur		3	10	17	24	31
Fri		2	9	16	23	30	Fri		7	14	21	28		Fri		4	11	18	25	1
Sat		3	10	17	24		Sat	1	8	15	22	29		Sat		5	12	19	26	2
Sun		4	11	18	25		Sun	2	9	16	23	30		Sun		6	13	20	27	3

**IN SERVICE DAYS ARE INDICATED IN PURPLE (STAFF ONLY)**  
**OPEN WEEKENDS ARE INDICATED IN RED**

Term 1: 5 Sept – 21 Oct 2022  
Term 2: 31 Oct – 16 Dec 2022  
Term 3: 5 Jan – 17 Feb 2023  
Term 4: 27 Feb – 31 Mar 2023  
Term 5: 18 Apr – 26 May 2023  
Term 6: 5 June – 21 July 2023

**In Service Days**  
1 & 2 September 2022  
3 & 4 January 2023  
17 April 2023

**Monday start 09.30; Tuesday – Friday start 08.55**  
**Monday – Thursday finish 3.45; Friday finish 3.30**

\* 195 days are defined as "School days". In the school year 2022/23 pupils must attend for 190 days. Schools may decide individually or collectively which 5 days in the year are INSET or non-contact days (days pupils do not need to attend).

<b>Bank Holidays</b>	26 December 2022 27 December 2022
<b>New Year Bank Holiday</b>	2 January 2023
<b>Good Friday</b>	7 April 2023
<b>Easter Monday</b>	10 April 2023
<b>Early May Bank Holiday</b>	1 May 2023
<b>King Charles III's coronation</b>	8 May 2023
<b>Spring Bank Holiday*</b>	29 May 2023
<b>Summer Bank Holiday</b>	28 August 2023