



# Newsletter - October 2019



**St. Rose's**  
Inspiring Education, Therapy & Care

## NEWS FROM THE PRINCIPAL

Our Value for the term is RESPECT.

I am pleased to share our first newsletter of this academic year with you.

Autumn is with us already and the nights are drawing in but this has not stopped our young people getting out and about and enjoying new experiences. A current favourite at the moment is forest bathing and the students in SR3 are really enjoying their weekly trips come rain or shine!



This term we welcome Poppy, Lucas and Ewin to St Rose's and Brandon and Liam to St Martin's. We hope they will be very happy with us we look forward to supporting them with their learning over the coming year.

We are thrilled that Sr. Julie OP has joined our Governing Board this term. Many of you will remember Sr. Julie as she taught at St Rose's for many years before returning to Stone to become the Prioress at the Dominican Convent in Stone. We are delighted that she will be making regular visits to St Rose's.

As the student numbers at St Rose's increase, we have taken on new staff to join our fantastic team. In September we were pleased to welcome Craig, Rachel and Jamie who have joined the TA team in school, Alison who has joined the care team and Helen who joined the nursing team.

Last week we said goodbye to Deborah who has been our Business Manager for the last four years. My thanks go to her for all the hard work she put in behind the scenes to ensure the smooth running of St Rose's and St Martin's. We were fortunate to recruit Helen H who is busy finding her feet!



Well done to Nicki Burcher who received a special award for service to scouting. It is 10 years since our scout and explorer group was set up and plans are underway for a celebration camp in 2020.



Sheila Talwar, Principal

Looking ahead, we will be holding an open day on November 13<sup>th</sup> and look forward to showing visitors around our wonderful school and college. If you know of anyone who would like to look around, please contact us to arrange a tour.

Please remember to check our website [www.stroses.org.uk](http://www.stroses.org.uk) for up to date information on dates, holidays, events etc. Please also telephone school/college to report an absence as soon as possible.

## MASS TUESDAY 17TH SEPTEMBER WITH FATHER GARY

We had our beginning of year Mass on Tuesday 17th September. We welcomed Fr Gary Brassington, our new Parish priest to our community and he led a lovely service and enjoyed meeting students, staff and visitors after. The students presented prayers, praise and gifts in their own incredible way. It was wonderful to see everyone join us and those that couldn't we kept you all in our prayers.

**Cheri Baxter Steele**



## JEANS FOR GENES DAY FRIDAY 20TH SEPTEMBER

Staff and students raised £71.03 supporting the Jeans for Genes day.



As part of their Enterprise Project  
St Martin's will be baking cakes to sell at their  
cake sale on Thursday 7th November at 10am.

## SR1

What a great start SR1 has had in this first Autumn term. All have settled into the new class base area and it has been lovely to welcome new students and staff into the Primary group. The topic 'All About Me' has ensured lots of lovely work has happened as the students have found out about themselves and the people around them in their world. Well done all for your hard work this term: Karen, myself and all of the teachers, TAs and volunteers that help us, are looking forward to getting you to do lots more in our fabulous, fun and vibrant learning environment. Happy half term, keep safe and 'KEEEEEEP LEARNING!' **Cheri**



## TEN YEARS ST ROSE'S SCOUTS AND EXPLORERS

St Rose's Scouts and Explorers celebrated their 10 years of Scouting with a cake made by the Scout section and cut by Frazer who has been in the troop from the beginning along with Nicki and Liz the two Leaders. A disco was held afterwards with Frazer as D.J. using his Tobii communication device. A great time was had by us all.

**Nicki GSL and Scout Leader.**





## SUMMER PLAYScheme

The young people have enjoyed some fantastic times at our Holiday Scheme this summer. They had the opportunity to take part in a Pamper Day, gardening, crafts, swimming and many other activities.



## Royal College of Occupational Therapists



The Royal College of Occupational Therapists National OT week runs from Monday 4<sup>th</sup> - Friday 8<sup>th</sup> November. We are hoping to celebrate this with some activities.

Monday 4<sup>th</sup> November; 10am-12 Moving and Handling Problem Solving Clinic.

Monday 4<sup>th</sup> November; 4pm-5pm OT at St Rose's (Parents, Staff and Governors invited, please RSVP for numbers).

Tuesday 5<sup>th</sup> November 'Making a Cup of Tea'. We will be thinking like OT's, making tea, activity analysis and looking into how we might breakdown the activity of making a cup of tea.

Wednesday 6<sup>th</sup> of November 4pm-5pm Sensory Integration Therapy workshop for staff, parents, carers and governors. (Please RSVP for numbers).

Thursday 7<sup>th</sup> November 10am Stretch for Proprioception with students.

Friday 8<sup>th</sup> November- For fun 'wear green for OT', in a nod to OTs bottle green uniforms we would like everyone to wear green if they can, the best dressed 'green' will win a prize in assembly.

**Abi Clark**  
Occupational Therapist

## **HARVEST FESTIVAL - TUESDAY 15TH OCTOBER**

Wow! What a wonderful Celebration we had on Tuesday 15th October. Our Mission, set out by Pope Francis, was to participate in prayer, praise and fundraising to raise money for Missio. I can confirm the mission has been accomplished.

I am sending out a huge thank you to everyone that took part in the celebration, whether it was to perform, watch, send in items, purchased items, make a donation in the CAFOD Family Fast envelopes or pray for help for all the poor in our World. At present the Healthy Snack café raised £96.84 and we will put that together with other monies raised previously. This money for Missio will be presented at the Education Mass on Tuesday 22nd October and the CAFOD envelopes will be returned to their head office at the end of term.

Thank you again.  
Have a wonderful half term,  
Warmest wishes,  
Cheri



Harvest Loaf made by our talented  
Catering Manager Carol

## **JUMBLE SALE - SATURDAY 12TH OCTOBER**

The jumble sale was organised by Nikki Michael and raised  
£286 for St Rose's.

Thank you so much Nikki and to everyone who supported this event.

## WOMAD – SUMMER HOLIDAYS

We enjoyed another trip to WOMAD again in the summer holidays as part of the 'Of course we can' programme led by Active Impact. The weather was great and the young people had a fabulous time.



Our newly refurbished sitting room for our children at St Rose's has now been completed.

A huge thank you to Rob & Sara Skerritt, who gave up some of their time this summer to paint a beautiful mural.



Before the summer, Steph in St Martin's entered the Skills Live art competition run by Derwen College in Shropshire, which is open to students from specialist and mainstream colleges and schools. The theme of the competition was 'Journey', which Steph chose to interpret it as her life journey. She created a collage with a background map showing places of personal significance to her in Gloucestershire, overlaid with an 'S' made up of photos of her life so far and a quote from C.S. Lewis around the outside. We are very excited to learn that her work has now been selected by the judging panel to go through to the final round when it will be judged by two local artists: Liz Neal and Jim Creed. The exhibition runs from 21 to 25 October at Derwen College. We are very proud of Steph's achievement.

## PARENT/CARER GROUP

Elaine Fernandez would like to invite all Parents & Carers to a 'parent group' meeting/get together.

The plan is for 6 x opportunities to get together as parents/carers.

If there is anything you wish to discuss then please do feel free to let us know—just in case there is any information that can be gathered beforehand.

***Please let Tina/Elaine know if you are interested in being involved .  
(We can then ensure there are enough cups for coffee/tea).***

Reminders ahead of meetings as the date(s) approach.

The proposed dates are:

Tuesday 5<sup>th</sup> November 2019 9.30-10.30am

Tuesday 3<sup>rd</sup> December 2019 9.30-10.30am

Tuesday 28<sup>th</sup> January 2020 9.30-10.30am

Tuesday 3<sup>rd</sup> March 2020 9.30-10.30am

Tuesday 5<sup>th</sup> May 2020 9.30-10.30 am

**(don't forget May Day bank holiday is on Friday 8<sup>th</sup> May; not Monday 4<sup>th</sup> May)**

Tuesday 16<sup>th</sup> June 2020 9.30-10.30am

## FUNDRAISING

The Friend's of St Rose's have organised three events for this term:

### **Thursday 14th November 7 - 9pm in the School Hall.**

Neal's Yard pamper evening - Run by Kelly Durkin (Former teacher at St Rose's).

Free entry - Please collect tickets from school reception.

Products to sample and order. Mini treatments for a small charge.

Light refreshments.

Raffle - Basket of Neal's Yard products

Lovely relaxing evening. Ideal opportunity for Christmas shopping.

### **Saturday 7th December 10am - midday Christmas Fayre. School Hall.**

Stalls, raffle, Father Christmas and refreshments.

Any donations for the following stalls would be extremely appreciated: Raffle, cakes, bottles, Christmas related goods, paperback books.

Carol Singing at Tesco's provisional date Thursday 19th December.

All funds raised at these events will go towards the purchase of a new vehicle.

Thank you for your ongoing support.

**Elaine Fernandez**



## NEWS BY FRAZER, ST MARTIN'S

Together with all of St Martin's we have recycled, packed and posted all of the empty crisp packets to Walkers. These will be weighed in return for monies for St Martin's. We will keep you informed on monies received and what we choose to spend them on. We will continue to collect them after half term.

I have organised a 'Crazy Hair Day' on Friday 25th October. If you would like your child/young person to take part, a kind donation of £2 will help us to raise money for the Bristol Children's Hospital. Children/young people will have their photo taken (dependent on photo permissions) and the chance to buy a homemade biscuit.

Some Teaching Assistants and myself will be visiting Claremont School in Bristol to promote life at St Martin's College.

Jacob, myself and two Teaching Assistants will be visiting Cream at Taunton to meet with Bradley, their Events Manager and St Martin's former student.



**Frazer**  
St Martin's

## SR3 TRIP TO WESTONBIRT ARBORETUM - 8TH OCTOBER

SR3 had a wonderful day out viewing the beautiful autumnal colours of the trees at Westonbirt Arboretum. They walked over the tree top bridge, enjoyed a healthy packed lunch and experienced all weathers!





### SR3 TRIP FOREST BATHING

In SR3 we have started a new unit called forest bathing. This basically means to completely emerge yourself in the forest.

We focus on each of our senses, developing on the work we have done previously in senseology sessions. We try to allow the students to explore the forest in a way they have chosen. We have had some lovely experiences so far. Some of the students who may often move in a wheelchair have chosen to walk long distance through the wood. It has been a calm and relaxing experience for all of our students.

Forest Bathing originates from Japan where it is called shinrin-yoku. Research from Japan shows it reduces stress and develops a sense of wellbeing. Forest Bathing draws on the therapeutic powers of nature and connects people with the natural environment. Some research also shows it to have positive benefits to physical health as well.



Angela Voss

### Nursery News!

We have welcomed lots of new children to nursery this term and have been having a great time getting to know them and their families. Our theme this term has been 'we are unique' and we have been talking about where we live, how tall we are and creating self portraits. We have also been out and about exploring the grounds, with trips to the park too and we are really looking forward to our trip to Westonbirt Arboretum where we hope to observe all the lovely autumnal changes in the trees.



Lisa Taylor  
Nursery Manager