



**St. Rose's**  
Inspiring Education, Therapy & Care

## NEWSLETTER EASTER 2017



It is with mixed emotions that we share our newsletter with you this term. We are all very sad that Daniel Watt, Timmy Staton and Ryan Davis died recently. We hold them and their families in our prayers.

Although it feels like we have been on a rollercoaster, there have been many positives as well. I am pleased to report that we had an excellent report from Ofsted who inspected our residential provision in March. We received an outstanding judgement for the quality of care and support we provide. I would like to take this opportunity to thank Jo Pearch and all of the care team for their continued hard work to ensure that the young people have their care needs met to such a high standard. It is wonderful for Ofsted to recognise this.



Jo Pearch



Jean Bankhead

I would also like to congratulate Jean Bankhead, who has been awarded an Inspirational Award for her tireless work at St. Rose's/St. Martin's by the Worshipful Company of Educators. Jean will receive her award, along with a winning cheque at the Educators Trust annual evening awards evening in London on April 28. In a recent interview with Phil Gibbons, Communications Officer, she explained how the nomination came about and how this is very much a team effort rather than just for her! The Educators' Trust Fund Awards Programme aims to recognise excellence and innovation by educators through the provision of awards. The Trust is able to make awards thanks to the generosity of Liverymen and Freemen in making donations each year to the Charitable Trust. The overall theme is 'Inspirational Educators'. If you would like to listen to the interview, please follow the link : <http://www.cliftondiocese.com/>

I would like to welcome Hannah Dowle and her family to St Rose's. Hannah joined our post 16 class in February.

We continue to make improvements on site and have recently installed a path from the top car park to school. This has ensured greater safety when the children and young people are dropped off and collected.

We have now raised enough money to purchase a wheelchair/ ground level trampoline and we are looking forward to it being installed in the summer months.

Finally I would like to remind you that we have three big fundraising events coming up:

Wheelnuts Car show (7th May), our annual Garden Fete (17th June) and our Summer Ball (1 July).

Please look out for these and support us if you are able to.

We wish you all a very Happy Easter.



**Sheila  
Talwar,  
Principal**

7 April 2017

END OF TERM 3.30PM

25 April 2017

STUDENTS RETURN 08.55

**St Rose's School, St Martin's Post 19  
& St Rose's Nursery**

Stratford Lawn, Stroud,  
Gloucestershire, GL5 4AP  
T. 01453 763793 F. 01453 752617  
[www.stroses.org.uk](http://www.stroses.org.uk) | [admin@stroses.org.uk](mailto:admin@stroses.org.uk)  
Charity No. 271922



On Monday 27<sup>th</sup> February a group of students attended the annual

## Panathon Challenge at Stratford Park Leisure Centre.

The Panathon is a mini Paralympic multi sport competition designed to provide sporting opportunities for disabled children. Students from 7 different local schools competed against each other in events such as table cricket, boccia, curling, velcro target practice and modified football.



Gemma scored the winning point in boccia, while Dylan was the only student on the team to score at all in curling.



Jordan particularly enjoyed the event and proved he had an excellent throwing arm when it came to target practice.

Some of the staff became increasingly competitive as the day wore on, but all seven students received a medal at the end of the event in recognition of their effort.





# INTERFAITH EXHIBITION

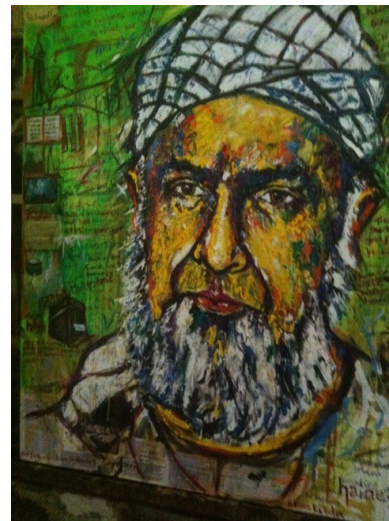
On Wednesday 22<sup>nd</sup> February two students visited Gloucester Cathedral to look at the Interfaith Exhibition. The exhibition was a series of large paintings by Russell Haines hung all around the cloisters.



The paintings were portraits of people from dozens of different religions, faiths and belief systems. Next to each painting was a photograph of the person and a description of their faith or belief system.

As well as all the mainstream religions, there were paintings of people from religions the students had not heard of before, such as Zoroastrians and Baha'i, and of people you might not consider as a belief system, such as Rastafari and atheist.

The paintings were both beautiful and impressive as well as thought provoking. The students thoroughly enjoyed this interfaith experience.







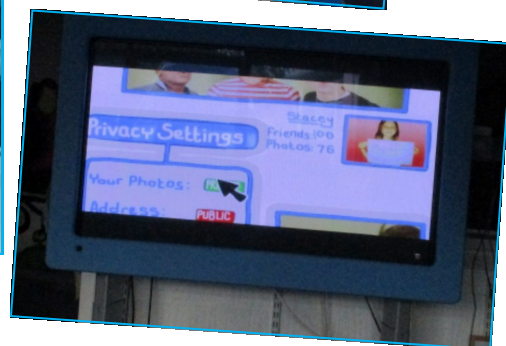
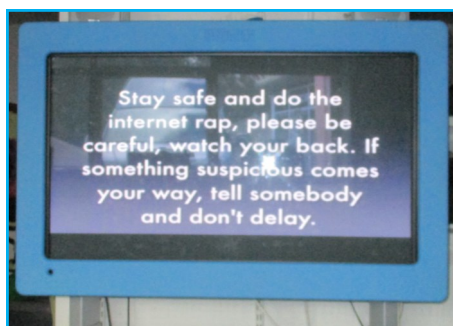
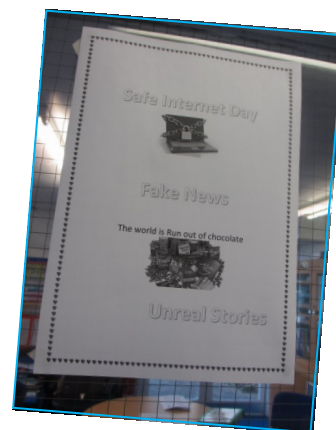
# Safer Internet Day 2017 | Tuesday 7 February

Be the change: Unite for a better internet

[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)



Students in St. Martin's celebrated Safer Internet Day on the 7th of February by completing a variety of activities. Some of the students made posters about how to stay safe online, and some listened to music on the internet about how to stay safe.



In March, St. Martin's students held a café to raise money for a class trip and invited everyone from the school to come. We raised £22—thank you!

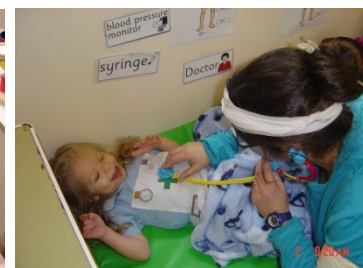


We even took telephone orders from reception!



# NURSERY

In nursery we follow our children's interests and this term has been all about the role play! We have been train drivers going on long journeys, buying tickets from the station and dressing up. We have had a superhero den where the children were able to dress up and choose to be their own superhero and save the world. We had a post office and the children loved being able to stamp, write and post their own letters. Currently the children are very interested in playing doctors and nurses and we have our very own doctors surgery in nursery! We are very excited to know where the children's interests will take us next – will it be a campsite, a space station or maybe even under the sea?



We talked about **Chinese New Year** and watched the story.

The children were really good at remembering all the animals and Ella and Nevaeh had a try at tracing Chinese letters, numbers and symbols. They had to concentrate really hard to follow the lines, but did some super writing!

On **World Book Day** we had an alien from 'Aliens Love Underpants,' the bear from 'Whatever Next' and Mr Bump visit nursery. The children had a great day sharing stories and dressing up as their favourite book characters!



We have been making the most of being outside too and have been practising riding bikes and running really fast. We went exploring the last of the autumn leaves in the woods. It was great fun running down the big hill as fast as we could! We had a great morning outside when it snowed and have been building bug houses and bird feeders too. We are looking forward to the Spring and Summer!





# MUSIC

Spring has been a VERY busy time for us musically here at St Rose's. We continue with our wonderful School Orchestra using Clarion, an instrument devised and designed by Open Up Music a charity based in Bristol.

I've been very excited to receive delivery of our new speakers so that each member can truly hear and take ownership of their part in our orchestra. We are now working on two pieces of music by Monteverdi and Beethoven respectively; putting our own very "Clarion" twist on them! We are still ably assisted by Charlotte White of Open Up Music. They have kindly loaned us a Smart Nav Camera system which picks up body movement so as to access Clarion in yet another way. Our newest member of the orchestra, Jacob, is really getting the hang of this. We performed for parents and governors on 3<sup>rd</sup> of April in an open rehearsal but will be performing at this year's Music Prom on 6<sup>th</sup> July!



Jacob has joined the orchestra just as we said goodbye to the very talented Bradley Warwick as he moved on to pastures new. We really miss Bradley's contribution and cheeky wit but he continues to make music with Doug and Barry from Open Up through the South West Open Youth Orchestra. If you get the opportunity, look them up on Youtube or, better still, go and hear them perform live!

We were delighted to take a large group of students to Malmesbury Abbey in early March to enjoy the Music of Derek Paravacini and his Jazz ensemble in a concert put on by MUSIC for Autism. It was a great experience full of interaction, dancing and playing along with some extremely talented musicians!



We have begun to learn songs for the annual singing concert for Special Schools put on by Music Works and held this year on 8th June at The Bacon Theatre,

Cheltenham. I plan to take 9 students along to take part again and collective rehearsals with our friends from other schools began on 30<sup>th</sup> March at The Shrubberies, where it was lovely to see Mrs Newby again!



**Rachel Moody**  
**Music Coordinator**

## R.E.

Lent has been busy so far with Assemblies, visits into the church community and the lovely Lent Mass on Thursday 2nd March. There have been Assemblies about the different celebrations such as Shrove Tuesday and Mother's Day and what happens and why for St David's, St Patrick's and St Joseph's day.



It is Lent and we are concentrating on prayer and reflection, giving and doing something to make a difference. We have shared lots of information about the work of CAFOD and ways in which money can be raised to help not only established projects but also the emergency work that they are now doing in East Africa to provide food and water for the famine victims there. Just to say a big thank you to all the many families that have returned Family Fast Day envelopes, sent in small change and any currency from other countries and brought tickets for the Easter Raffle. It all makes such a great difference.

On Ash Wednesday Thomas Carroll and John-Henry visited The Rosary for the Distribution of Ashes. We were given a lovely welcome and enjoyed the service. We met Mrs Savory the Head Teacher and some new faces in our local Church community as well as seeing Canon Tom and some of John-Henry's family.

The next day was the Lent Mass and it was a beautiful and peaceful event where we reflected on 'New Beginnings' and prepared for Lent through prayer, praise and worship. It was lovely to see so many visitors join all the students and staff from school and St Martin's as we welcomed Trustees, Governors, parents and other family members and local church community members. It was a lovely occasion and lots of visitors stayed for a cup of tea and a chat afterwards and gave lots of great feedback about how they thought it had all gone.



The next main event on the calendar is the 'Easter Story Performance' on April 6th and I look forward to seeing all who can make it and for those that can't I wish you every happiness and Easter Blessings for the Holy days.

**Cherith Baxter-Steele**





A big thank you  
for your support  
for Red Nose Day.



We raised £85.15 and had such fun  
in the process.

**Lea Anne Ewing**



April 23, 2017  
**Virgin London  
Marathon**  
London, England

Ian Timbrell is running in the London Marathon and has already raised £1,733 for St. Rose's. **Here is the link to his Just Giving page <http://www.justgiving.com/Ian-Timbrell1>.** We wish him every success and will be with him every step of the way (not literally). *If you are following the race look out for him—his running top is green and black with his name and St. Rose's logo on the front and his number is 5759.* Good Luck Ian.



Hello my name is Christine

I am the founder and creator of Skiggle. I am writing to you in the hope that my website [Skiggle.co.uk](http://Skiggle.co.uk) may be of benefit to some of you. Skiggle is a new online resource to aid people, of all ages, who come into contact with disabilities either in a personal or professional capacity.

Its primary goal is to create a mutual support network for users to:

1) provide each other with practical help and assistance (SOS), 2) share experiences, 3) find solutions to difficulties. Skiggle will achieve this through the creation of an SOS solution system for care-based essentials where its members – when fully registered - can request immediate assistance in unforeseen circumstances. Unfortunately, finding and accessing services and equipment often associated with disability can be very challenging (from both the public and private sector). We believe that with your help it may be possible to ease these challenges by providing a space to openly share advice and information on both service products and user experiences. Please see our website for further details [skiggle.co.uk](http://skiggle.co.uk). Please like and follow us on facebook & twitter @skiggleuk. Please feel free to contact me if you have any further questions.

**Sainsbury's Active Kids**  
is back for 2017 Start  
collecting now

Vouchers available from Sainsbury's Stores  
25th January until 3rd May 2017.  
Please place vouchers in the Collection Box in Reception.

Once again, thank you for collecting  
the Sainsbury's Active Kids vouchers for  
St. Rose's.

#### The Carers Gloucestershire Caravan

The caravan is situated on The Retreat Caravan Park, Burnham-on-Sea. Set in beautiful secluded private grounds with access to miles of golden sandy beach half a mile from Burnham-on-Sea town centre. A spacious caravan with three bedrooms (1 double and 2 twin). Available for Carers registered with Carers Gloucestershire to enjoy a holiday at exclusive rates. Breaks can be 3, 4 or 7 nights. Carers can choose to take a much-needed break from caring or enjoy a holiday together with the person they look after. Costs e.g. 7 nights low season £125, mid season £175 and high season £250.

Call 01452 386283 or [mail@carersgloucestershire.gov.uk](mailto:mail@carersgloucestershire.gov.uk). n.b. Unfortunately doesn't have a hoist.

#### FUNDRAISING EVENTS FOR YOUR DIARY

7 May 2017 11am—4pm	"Wheelnuts" Classic Car Show
17 June 2017 1.30pm—4pm	Summer Garden Fete
1 July 7pm—midnight	Rainbow Ball



# Information for Parents and Carers

Please find below information and links to websites which you may find useful.

## **Affinity Hub** Emotional support for parents of children with special needs

This website aims to provide emotional support to parents and carers of children with special needs. Many parents of disabled children or children with special needs face additional associated challenges in practical, physical and emotional terms. Sometimes when life doesn't follow an expected, mainstream, non-disabled path it can make you feel isolated and like you're the only one going through certain emotions and experiences. The aim of these pages is to provide a virtual home for parents and carers to realise you are not alone. There are many other families also going through similar experiences and feeling similar complex [emotions](#). Some of the thoughts and experiences of other families are included under [words of wisdom](#). There is information under [professional support](#) listing organisations and counsellors, psychotherapists and psychologists who can provide further emotional support if necessary. [www.affinityhub.uk](http://www.affinityhub.uk)

## **Cerebra—Problem-Solving Toolkit**

This toolkit aims to support disabled people and carers, as well as their families and advisers, who are encountering difficulties with the statutory agencies in relation to the provision of health, social care and education support services. This toolkit aims to unpick these problems and to develop effective strategies for resolving them. [w3.cerebra.org.uk](http://w3.cerebra.org.uk)

## **Together for Short Lives— Support for Parents and Professionals**

Together for Short Lives is a leading UK charity that speaks out for all children and young people who are expected to have short lives. Together with everyone who provides care and support to these children and families, the charity is there to help them have as fulfilling lives as possible and the very best care at the end of life. [www.togetherforshortlives.org.uk](http://www.togetherforshortlives.org.uk)

## **IPSEA—Independent Parental Special Education Advice**

IPSEA is an independent charity covering the whole of England which offers an information service, advice line, tribunal helpline and tribunal support. The IPSEA website contains helpful model letters, FAQs, a jargon buster and much more. [www.ipsea.org.uk](http://www.ipsea.org.uk)

## **My Adult – Still My Child—A guide for parents/carers of adults (16+) who may not be able to make decisions**

This website is co-produced and inspired by those who have experienced decision making within health and welfare settings and felt unprepared or challenged without such guidance. The website is aimed at those new to making Best Interest Decisions and especially those caring for a young person in transition to adult services. <http://myadultstillmychild.co.uk>

**The Council for Disabled Children (CDC)** is the umbrella body for the disabled children's sector in England, with links to other UK nations. It is a national body that brings together the diverse range of organisations that work with and for disabled children to support the development and implementation of policy and practice. <https://councilfordisabledchildren.org.uk>

## **EHCP Journeys—Education Health and Care Plans for Children and Young People with SEN and Disabilities**

This website shows the EHC process from the perspective of families and aims to support areas to improve local services. <http://ehcpjourneys.com>

## **Family Information Service**

Gloucestershire Family Information Service (FIS) advisors give impartial information on childcare, finances, parenting and education. They support families, children and young people aged 0- 19 years of age (25 for young people with additional needs) and professionals working with these families. [www.gloucestershire.gov.uk/fis](http://www.gloucestershire.gov.uk/fis)

